

HOW TO MAKE SEED BOMBS WITH PAPER

SEED BOMB RECIPE

YOU WILL NEED:

- 3-4 Packages of Flower Seeds
- 3 Sheets of Construction Paper (we used blue, green, and white)
- Food Processor
- Scissors
- Water
- 3 Small Containers
- Baking Sheet and Parchment Paper (drying seed bombs)



HOW TO MAKE SEED BOMBS

STEP 1: Start by cutting your construction paper into one-inch squares. Place each color separately in a container.



STEP 2: Once you have cut up all your paper squares and each container is ready, add water. Cover the paper completely and allow to soak for 20 minutes.

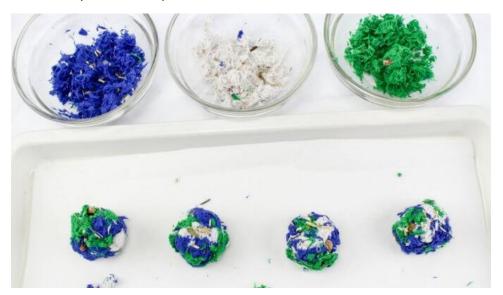
STEP 3: When the 20 minutes is finished (the hardest part is always waiting), take one container and squeeze the excess water out of the paper. Place the paper in a food processor and pulse until the paper becomes pulp!



Place the pulp back into its container. Go ahead and repeat with the next two colors until you have three containers of pulp!

STEP 4: Divide the packages of seeds between the three containers gently mixing them into the pulp.

STEP 5: Start by taking a bit of each color from each container and forming it into a ball! We wanted these to resemble the Earth for Earth Day! If you have chosen other colors that are great too! To make the Earth try not to mix up the colors too much.



STEP 6: Place your homemade seed bombs on a parchment lined baking tray. You can go ahead and press a few more seeds into the balls if you think they need a few more! Let your tray dry overnight!



PLANT SEEDS WITH KIDS

Get ready! Once dry, toss your flower seed bombs into your favorite flower pot or garden plot (still have to dig a hole first)! These also make fun gifts to give to friends and family. Decorate a flower pot, add a seed bomb, and you have a sweet gift that's Earth-friendly!

